

Carpooling during COVID-19

Staff can carpool with a colleague from outside of their household.

If you are planning to carpool, please follow the following precautions.

Accepting Passengers

- **All occupants should monitor for symptoms of illness and should not go to work or travel together if they are unwell.**
- All occupants should be exercising best practices with regards to hand hygiene (cleaning hands before and after riding in a vehicle) and respiratory etiquette (covering coughs and sneezes).
- As much as possible, people who are carpooling should establish consistent carpooling partners, rather than frequently changing arrangements.
- Staff who are known contacts of someone who has become infected with COVID-19 should not carpool, even if they are permitted to work during the 14-day incubation period after exposure.
- Occupants may wear masks (homemade or hospital grade) where keeping 2 meters of distance is not possible.
- Restrict seating to one person per row within the vehicle: driver alone in the front, etc.
- Occupants should be staggered diagonally between the rows to maximize the distance between occupants.

Disinfect your car regularly

- Clean vehicle contact surfaces (i.e. door handles, etc.) frequently with standard cleaning products approved by Health Canada (i.e. have a DIN) then follow proper hand hygiene.
- Have tissues and hand sanitizer available.