

Coronavirus COVID-19



BC Centre for Disease Control | BC Ministry of Health

Infection Prevention and Control (IPC) Protocol for Surgical Procedures During COVID-19: Adult

May 6, 2020

Guiding Principles:

Provider Safety
Patient Safety
PPE Conservation

Approach to IPC Includes:

Patient COVID-19 Assessment Surgical Risk Assessment PPE Recommendation PPE Allocation Framework¹

Background/Current Status

Through effective public health measures the COVID-19 pandemic curve has reached its peak and is on the downward slope. As a result, B.C. is now in a position to ease restrictions on surgical services. This is to ensure that we avoid the unintended consequences of prolonged delay of access to surgical services. Likewise, other health care services will gradually be reintroduced.

The protection of health care workers will continue to be foremost as B.C. moves forward, and is in keeping with the ethical guidelines established for the management of the pandemic. Health care facilities should continue to ensure that they meet all public health and infection prevention and control (IPC) pandemic recommendations. This applies to all staff, patients, relatives, and visitors.

Based on the current epidemiology of COVID-19 in B.C.², people who are scheduled for surgery and do not have risk factors for or symptoms of COVID-19 should not be considered suspect cases. This is based on the advice of the BC Centre for Disease Control (BCCDC), the Office of the Provincial Health Officer (PHO) and the Provincial Infection Control Network of BC (PICNet), and is key to easing restrictions on surgical services. BCCDC, PHO, and PICNet review the epidemiology on a regular basis and will amend or update this advice as required.

As such, the decision to proceed with surgical procedures and the appropriate personal protective equipment (PPE) to be used should be based on an individual COVID-19 patient risk assessment which includes: assessing risk factors, screening for symptoms, and COVID-19 testing if clinically indicated. In most cases, patients who do not have risk factors for, or symptoms consistent with COVID-19 do not require a COVID-19 test.

² Epidemiologic considerations: daily case counts; test positivity rate; incidence rate; point prevalence.









¹ COVID-19: Emergency Prioritization in a Pandemic Personal Protective Equipment (PPE) Allocation Framework, Provincial COVID-19 Task Force, March 25, 2020: https://www2.gov.bc.ca/assets/gov/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/covid-19/ppe_allocation_framework_march_25_2020.pdf

The guidance provided here includes a patient screening tool and classification of patients based on a Patient Risk Categorization into green, yellow, and red categories. The entire surgical team including anesthesist, surgeon, assistant, nurses, etc., is responsible for deciding the Patient Risk Category together. It then provides appropriate direction for PPE for those providing care, those providing aftercare, and those responsible for cleaning and preparing the operating room (OR). Guidance is also included for different anesthesia approaches and for surgeries with risk of aerosolization.

Given this guidance and the current low incidence and prevalence of COVID-19 in B.C, the risk of infection or transmission to health care workers when protocols are followed is extremely low.

Scope

This protocol does not apply to maternity or pediatric patient populations. There is separate provincial guidance available regarding specific pediatric and obstetrical surgical protocols.

A. Urgent/Emergent/Elective Surgical Procedures

- Urgent or emergent surgical procedures should proceed as medically indicated, regardless of the patient's COVID-19 status, and should not be delayed for testing or test results.
- For urgent or emergent surgical procedures, patients reporting new symptoms consistent with COVID-19 should undergo pre-operative COVID-19 testing.
- Elective surgical patients should self-monitor for symptoms prior to surgery and phone their surgeon's office if they develop any signs or symptoms consistent with COVID-19³ (see Appendix 1) or have contact with any confirmed COVID-19 individuals.
- Elective surgical procedures for confirmed COVID-19 patients and those patients who have had
 contact with, or an exposure to, a COVID-19 patient (known and being followed by public health
 officials) should be delayed until the patient is deemed recovered and non-infectious according to
 the provincial protocols, or the surgical procedure becomes urgent or emergent.
- Elective surgical patients reporting new symptoms consistent with COVID-19 should be tested as per provincial testing guidelines.

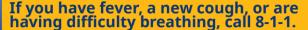
B. Pre-surgical Patient Assessment

- For scheduled surgical procedures, the COVID-19 Surgical Patient Assessment Form (see Appendix 1) should be completed 24 to 72 hours prior to scheduled surgical procedure, by the preadmission unit (nurse, medical office assistant or anesthesiologist) over the phone, and then repeated in person when the patient arrives at the hospital on the day of surgery⁴.
- For urgent or emergent surgical procedures, the COVID-19 Surgical Patient Assessment Form shall be completed upon arrival to the pre-operative area.
- There needs to be a mechanism in place within each facility or surgical unit to ensure the COVID-19 Surgical Patient Assessment Form is included in the patient chart.

⁴ Every attempt should be made to assess the patient in their preferred language.







³ As defined by the BCCDC. See http://www.bccdc.ca/health-professionals/clinical-resources/covid-19-care/lab-testing for more information.

C. Pre-surgical Procedure Huddle

- The pre-surgical huddle, when the full surgical team is engaged (anesthesist, surgeon, assistant, nurses, etc), is one of the strongest determinants for achieving the highest levels of safety and quality in surgical environments. All of the other usual elements of the surgical checklist should also be discussed at this time.
- The Patient Risk Category is determined based on information gathered from the COVID-19 Patient Risk Assessment Form (see Appendix 1).
- Surgical team members must agree on the Patient Risk Category (see Appendix 1).
- Recommended PPE to be used during the surgical procedure is provided in Section E: Algorithm for Management of Adult Surgical Patients below.
- Because of the potential risk of difficult intubations, the anesthesiologist may choose to don an N95 respirator for any patient, regardless of Patient Risk Category.
- Additionally, any member of the surgical team may choose an N95 respirator for high risk procedures⁵ where aerosol generation is anticipated, regardless of Patient Risk Category.
 Individual decisions shall be respected by the surgical team, but need not change the PPE used by other team members.
- Consider alternatives to general anesthesia whenever possible. Procedures performed under local
 or regional anesthesia, including spinal and epidural, can be performed using contact and droplet
 precautions.

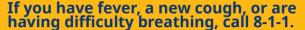
D. Air Clearance

- Airflow considerations, including appropriate times for air clearance post-AGMP, should be made for each OR suite in consultation with local infection prevention and control (IPAC), and facilities, maintenance and operations (FMO).
 - In most ORs and post-operative areas, the relative humidity (RH) is kept between 40% and
 45% which aids in reducing the amount of virus or bacteria in the air.
 - Raising the RH not only causes more rapid fallout of particles below the respiratory zone, but also has been documented to be beneficial for clearing respiratory secretions and hydrating mucous membranes with associated improved outcome.
 - Increased RH decreases viral survival. The air exchange rate (or air changes per hour ACH) is kept between 18 and 23 in most ORs (higher in positive pressure rooms).
 - Between the increased RH and the ACH, the potential for bioaerosol spread will be reduced by over 95% within 10-12 minutes following aerosol creation (extubation).
- Limiting the number of personnel and equipment in the room and minimizing door openings is a key element in environmental infection control.

⁵ High risk procedures include: nasopharyngeal, oropharyngeal, open lung surgery, any surgery involving sinus cavity/skull base.







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E. Protocol for Management of Surgical Patients - Adult

	Infection Prevention & Control Risk Category*		
	Green	Yellow	Red
Intubation Team Recommended PPE Limit personnel in the OR to anesthesiologist, RN +/- AA	All staff in OR suite don: Surgical mask Eye protection Gown/Gloves	All staff in OR suite don: fit-tested N95 respirator Eye protection Gown/Gloves	All staff in OR suite don: fit-tested N95 respirator Eye protection Gown/Gloves
Surgical Team	All staff in OR suite don: • Surgical mask • Eye protection • Gown/Gloves	All staff in OR suite don: • fit-tested N95 respirator** • Eye protection • Gown/Gloves	All staff in OR suite don: fit-tested N95 respirator Eye protection Gown/Gloves
Extubation Team Limit personnel in the OR to anesthesiologist, RN +/- AA	All staff in OR suite don: Surgical mask Eye protection Gown/Gloves	All staff in OR suite don: fit-tested N95 respirator Eye protection Gown/Gloves	All staff in OR suite don: fit-tested N95 respirator Eye protection Gown/Gloves
Phase 1 Recovery	 In the post-anesthesia recovery (PAR) droplet/contact precautions No need to delay moving patient to PAR following extubation. 	 In the post-anesthesia recovery (PAR) using droplet/contact precautions Patient may be moved to PAR after appropriate air exchanges. 	 Recover in the OR suite until ready to move to appropriate isolation room. Patient may be moved to the appropriate isolation room after appropriate air exchanges.
Air Exchange	No need to wait to begin cleaning	No need to wait to begin cleaning	Begin cleaning and disinfection after period of appropriate air exchanges
Cleaning and Disinfection Staff	All cleaning staff in OR don: Surgical mask Eye protection Gown/Gloves	All cleaning staff in OR don: Surgical mask Eye protection Gown/Gloves	All cleaning staff in OR don: Surgical mask Eye protection Gown/Gloves
Disposition	Return patient to appropriate inpatient unit.	Return patient to appropriate inpatient unit based on further patient risk assessment.	Return patient to appropriate COVID-19 ward if confirmed positive or isolation room if unknown.

^{*} Because of the potential risk of difficult intubations, the anesthesiologist may choose to don an N95 respirator for any patient, regardless of Patient Risk Category. Additionally, any member of the surgical team may choose an N95 respirator for high risk procedures⁶ where aerosol generation is anticipated, regardless of Patient Risk Category. Individual decisions shall be respected by the surgical team, but need not change the PPE used by other team members.

⁶ High risk procedures include: nasopharyngeal, oropharyngeal, open lung surgery, any surgery involving sinus cavity/skull base.







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^{**}At the discretion of the surgical team, surgical masks may be used in place of N95 respirators after appropriate air exchanges.

Appendix 1: COVID-19 Surgical Patient Assessment Form - Adult

Health Authority LOGO		Patient Info	rmation	
		Name: Date of Birt Language: PHN:	h:	
AULDES OR ASSOCIATION OF THE ASSESSMENT		-		
Able to obtain patient history?	TANT SCREEN:	□ Yes □ No	If No, got to Physician	Screen section
Does the patient have a risk factor	for COVID-19 expo	sure? In the last	14 days has the patient	t:
Returned from travel outside of Ca	nada?	□ Yes □ No	When? Date:	
Been in close contact with anyone confirmed COVID-19?	diagnosed with lab	□ Yes □ No	When? Date:	
Lived or worked in a setting that is part of a COVID-19 outbreak?		□ Yes □ No	When? Date:	
Been advised to self-isolate or quapublic health?	rantine at home by	□ Yes □ No	Contact info:	
Does the patient have new onset (COVID-19 like sympt	toms?		
24 to 72 hours prior – Date/Time:		Day of surger	y – Date/Time:	. <u></u>
Fever	□ Yes □ No	Fever		□ Yes □ No
Cough	□ Yes □ No	Cough		□ Yes □ No
Shortness of breath	□ Yes □ No	Shortness of I	oreath	□ Yes □ No
Diarrhea	□ Yes □ No	Diarrhea		□ Yes □ No
Nausea and/or vomiting	□ Yes □ No	Nausea and/o	or vomiting	□ Yes □ No
Headache	□ Yes □ No	Headache		□ Yes □ No
Runny nose/nasal congestion	□ Yes □ No	Runny nose/r	nasal congestion	□ Yes □ No
Sore throat or painful swallowing	□ Yes □ No	Sore throat o	r painful swallowing	□ Yes □ No
Loss of sense of smell	□ Yes □ No	Loss of sense	of smell	□ Yes □ No
Loss of appetite	□ Yes □ No	Loss of appet	ite	□ Yes □ No
Chills	□ Yes □ No	Chills		□ Yes □ No
Muscle aches	□ Yes □ No	Muscle aches		□ Yes □ No
Fatigue	□ Yes □ No	Fatigue		□ Yes □ No





Screened by:	Signature:	Screened by:	Signature:
PHYSICIAN SCREEN:			
COVID-19 NP test performed		□ Yes □ No	Date: Result: □ Negative □ Positive
If test has not been performe testing patient?	d, do you recommend	□ Yes □ No	Reason:
Unable to perform swab?		□ Yes □ No	Reason:
Type of anesthesia to be used	i	□ General	□ Local/Regional
Screened by:	Signature:		Date/Time:
FINAL SURGICAL TEAM ASSE	SSMENT:		
COVID-19 risk factor (travel, o	contact, outbreak)?		□ Yes □ No □ Unknown
COVID-19 like symptoms that another medical or surgical d	· ·		□ Yes □ No □ Unknown
COVID-19 test result?			□ Yes □ No □ Unknown □ N/A

PATIENT RISK CATEGORY TABLE:

COVID-19 Symptoms/ Signs	COVID-19 Exposures/ Contacts	COVID -19 Test Results (if applicable)	Risk Category
NO	NO	NOT REQUIRED	GREEN
NO	NO	NEGATIVE	GREEN
NO	YES	NEGATIVE	GREEN
UNKNOWN	NO	NEGATIVE	GREEN
YES	NO	NEGATIVE	GREEN
YES	YES	NEGATIVE	GREEN
UNKNOWN	UNKNOWN	UNKNOWN/PENDING	YELLOW
NO	YES	UNKNOWN/PENDING	RED
YES	NO	UNKNOWN/PENDING	RED
YES	YES	UNKNOWN/PENDING	RED
-	-	POSITIVE	RED

PATIENT RISK CATEGORY (CIRCLE ONE):

GREEN	YELLOW	RED







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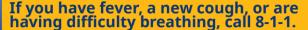
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