

Taking Off (Doffing) Personal Protective Equipment (PPE)

GLOVES - the outer surface may be contaminated



1. Pinch the outer glove surface with a gloved hand and remove the first glove; hold this in your gloved hand.
2. Slide fingers of ungloved hand under the other glove at the wrist.
3. Peel glove over wrist and discard.

GOWN - the outer surface may be contaminated



1. Unfasten ties.
2. Cross your arms and pull the gown away from your neck and shoulders.
3. Turn the gown inside out and roll the gown into a bundle and discard.
4. Exit room.

HAND HYGIENE



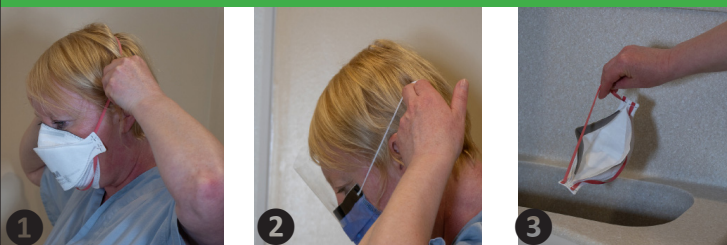
1. Clean your hands according to point of care risk assessment (e.g. if hands are visibly soiled).
2. Alcohol based hand rub (ABHR) is the preferred method. If hands are visibly soiled, then you must wash with soap & water.

EYE PROTECTION - the outer surface may be contaminated



1. When removing eye protection, handle only the elastic bands or ear pieces.

MASK or RESPIRATOR - the outer surface may be contaminated



1. Remove ear loop or elastic from nape of neck.
2. Lean forward and gently remove the elastic from the crown of your head without disturbing the respirator or mask.
3. Discard in waste container.

HAND HYGIENE